

## Newsletter

### Winter 2023

Welcome to our Winter newsletter of 2023. We are keen to keep you informed with information relevant to SEND and Walsall. Regular updates can also be found on our Facebook page so please do give us a [like](#).



#### Parent / Carer Workshops

At Walsall SENDIAS we will be running parent carer workshops every month where you can learn more about how children and young people with special educational needs/disabilities (SEND) can be supported. Please join us and improve your knowledge of the law around SEND so you feel more confident in discussions and understanding decisions.

Our upcoming sessions are:

#### SEN Support and Meetings with Schools –

**Tuesday 16<sup>th</sup> January 2024**

**Manor Farm Community Centre**

For more details and to book your place please email us at:

[walsallsendias@family-action.org.uk](mailto:walsallsendias@family-action.org.uk)

#### SENDIAS SEND Fair – January 2024

Walsall SENDIAS will be hosting a SEND Fair on **Thursday 18<sup>th</sup> January 2024, 11am - 1pm at Manor Farm Community Centre**. Lots of services have will be there to offer information and advice. Look out for the ticket link in the New Year!

#### Drop-in Surgeries with SENDIAS

We are hosting monthly drop-in surgeries for parents, carers and young people across the Locality Family Hubs in Walsall.

Please come along if you require free and impartial information or advice. Winter dates are:

**Thursday 14<sup>th</sup> December, 11am -1pm**

**East Locality, 13 Silver Court, Brownhills, WS8 6HA.**

**Friday 26<sup>th</sup> January 2024, 10am – 12pm**

**Manor Farm Community Association, King George Crescent, WS4 1EU.**

#### Phone Number for SENDIAS

Our office number is **01922 612008** – there is a 24 hour messaging service as we may be out of the office. We aim to respond to all initial enquiries within **2 working days**. Please don't forget to leave your contact number with a short message and the team will get back to you.



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### Seasonal Support - Self regulation.

Free live webinar on  
Tuesday 12<sup>th</sup> December  
at 10am, exploring  
practical ways to  
support your young  
person with self-  
regulation strategies  
this Christmas.

Find out more and  
book your free place  
[here](#)



### CAMHS – Free Parent Carer Workshops

Free virtual workshops to help parents and carers support their child in navigating mental health challenges.

## PARENT CARER WORKSHOPS AT CAMHS

Come and join our CAMHS Parent/Carer Workshops. We are running workshops exploring a range of difficulties that children/young people may experience, that can impact their emotional wellbeing.

Our Parent/Carer Workshops run virtually (Zoom) from 12pm - 1.30pm

- 13/09/2023 Trauma & Attachment
- 11/10/2023 Communication/Speech & Language
- 15/11/2023 Autistic Spectrum Conditions
- 06/12/2023 Depression/ Low Mood
- 17/01/2024 Anxiety/OCD
- 14/02/2024 Self Harm
- 13/03/2024 Anger/Conduct
- 17/04/2024 Anxiety

If you are interested in joining a workshop, and have a child/young person accessing Black Country CAMHS Services - please contact Andrea Ehgartner on Tel: 01902 444021 to book your place.

@CAMHS\_BCHFT    BCHFT\_CAMHS

NHS  
Black Country Healthcare  
NHS Foundation Trust



### The Light Cinema – Autism Friendly Screenings

The Light Cinema in Walsall has some relaxed screenings in December, designed for guests with autism and their friends to enjoy. These screenings are designed to help people with sensory sensitivity enjoy the cinema.

Screenings include **Wonka** on 10<sup>th</sup> December, **The Nightmare Before Christmas** on 17<sup>th</sup> December and **The Polar Express Pyjama Party** on 22<sup>nd</sup> December.

Find out more and book tickets [here](#)



### Supported Internships

Endless Possibilities  
Supported Internships

## What are supported internships?

Part time working – learning on the job whilst contributing to the long term aspirations of a young person 16-24 matching their capabilities.

- Work based placements within Walsall Council or local Walsall businesses helping get used to the World of Work.
- Placements can be up to 3 days per week for 6-9 months developing skills valued by employers.
- 2 days will be spent with the training provider/educator to cover workability skills and functional maths and English.
- The placement should contribute to the long term aspirations of the individual and help develop confidence in their own abilities to perform successfully at work.
- All work placements will have a support of a job coach through the training provider.

### *Interested? What to do next...*

Complete a profile (next page) for Walsall Council and email it to [learninganddevelopment@walsall.gov.uk](mailto:learninganddevelopment@walsall.gov.uk) this will show your interest to move to next step.



Walsall Council

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## Life skills

- ★ Family Action and Walsall SENDIAS are delivering Life Skills sessions on a Tuesday★ Helping you to build confidence, achieve goals and obtain some feel-good wellness.

It's not too late to join - to find out more, please email Lisa Petrovic at: [lisa.petrovic@family-action.org.uk](mailto:lisa.petrovic@family-action.org.uk)



You can access FREE and impartial advice from us on any aspect of SEN/disability in relation to education, health and social care for children and young people 0-25 years – just contact us with you questions.

## Toy Appeal & SENDIAS Christmas Celebration

Since 2009 Family Action has run an annual Christmas Toy Appeal, where through the generosity of companies and community groups across the country, we're able to deliver gifts to the children and young people who use our services.

We are delighted to share that **Walsall SENDIAS** will be distributing **free** Christmas gifts to children and young people.

Our Christmas Celebration event on 19<sup>th</sup> December is now full but please email us at:

[walsallsendiass@family-action.org.uk](mailto:walsallsendiass@family-action.org.uk)

to be placed on the waiting list for any tickets that may become available, or to request a gift if you have used our service.

## Autism Understood

Here is a link to an article from the Autism Understood website, with strategies for dealing with the festive period, produced by young people. Read it [here](#)



## Season's Greetings

The team at Walsall SENDIAS would like to wish you all a Merry Christmas and thank you to everyone who has used our service throughout the year.

We will pick up all messages and emails after the festive break.

## Contact us:

Website:

[www.walsall-sendiass.org.uk](http://www.walsall-sendiass.org.uk)

Email:

[walsallsendiass@family-action.org.uk](mailto:walsallsendiass@family-action.org.uk)

Phone:

**01922 612008 – 24 hour messaging service**

Find us on Facebook [here](#)

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