



April 2022

Welcome to the Third edition of our termly Early Help School Ready Newsletter for parents/carers across the Walsall Borough.

Within our newsletter, you will find information of groups and events local to you as well as fun enriching activities to do at home.

The Early Help team also provide a host of online and virtual resources that can be accessed via our website here: https://go.walsall.gov.uk/children_and_young_people/early_help

Keep up to date with whats going on by following our Facebook Page @Walsallfamiliesintheknow



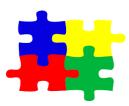
What's on this Term

Special Dates for the diary

April

Autism Awareness day (02.04.2022)

Find helpful information & advice at https://autismwestmidlands.org.uk/



Ramadan begins (02.04.2022)

The dates for Ramadan and Eid are based on the sighting of the moon. Why not make some binoculars to spot the moon when it appears?

Resources

- Two cardboard tubes from a kitchen roll
- Glue stick
- Materials to decorate. Tissue paper, coloured paper.
- Scissors (adult supervision)



Use two cardboard tubes from a kitchen roll that you can decorate with coloured paper or felt to your design put two together to make a pair of binoculars. In the evening, see if you can spot the moon. Look at the way the shape of the moon changes throughout the month.

Easter (17.04.2022)

Take a look at some of our Easter activities to do at home



Potato printing Easter Eggs

Resources needed:

Before we get started please make sure you have the following items:

- Paper
- Paint
- Knife for adult to use
- Potato
- Container to use for paint

Step by step of what to do:

- Get the paper and place it on the table or floor
- Cut the potato in half ready to use
- With the knife make marks in the potato using the knife using the centre of the pototo.
- Make sure that the marks are deep enough to be able to see
- Then put the potato into the paint, using the side that the marks are on, holding the outside of the potato with your hand
- Then use the potato to make the marks on the paper

Why not try some other vegetables or glitter?

May

Eid (03.05.2022)

If you looked at the moon with your binoculars, why not make your own picture of the moon and stars

What you need:

- A4 coloured cards fold in half
- Sticky stars or moon, if not available draw your own
- Felt tip
- Scissors (Adult supervision)
- Glue stick

What to do:

- 1. Fold your card in half
- 2. Cut your card into different shapes or use pattern scissors to create a frilly edge.
- 3. From another piece of card, cut shapes of moons or stars
- 4. Stick these shapes onto the front of the folded card. You can also add stickers.
- 5. Use your felt tip pens to write an Eid Mubarak message

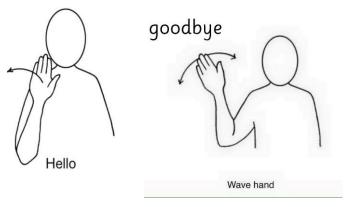






Deaf Awareness Week (04.05.2022)

Can you practice these simple Makaton signs?





Please

Try out more signs at https://www.youtube.com/watch?v=Pid4PLNY0a0

National Biscuit day (29.05.2022)

Did you know 29th May is national biscuit day? What's your favourite biscuit?

Why not try out our recipe below

Ingredients

- 175 (6oz) plain flour
- 110 (4oz) margarine or butter
- 55 (2oz) Sugar

Method

Preparation: 15 minutes cook 15minutes ready in 30 minutes

Pre-heat oven to 180 C/ Gas 4

- Sift the plain flour into large mixing bowl and add the sugar.
 Rub in the margarine or butter until it resembles breadcrumbs and then brings the mixture together into large ball.
- Roll mixture out to 5 mm (1/4 in) thickness. Cut using biscuit cutter (of your choice)
- Lift biscuits onto 2 or 3 lightly greased baking tray, making sure they are well spread out.
- Bake for 15 minutes or until golden brown.



Food Safety Week (14.06.2022)

Healthy eating week is this month so why not try changing some of your favourite foods to a healthier option.





Fruit Kebabs

Ingredients

You can use any of your favourite fruit, I chose,

- 1 kiwi fruit (peeled and chopped)
- ½ mango (peeled and chopped)
- strawberries
- banana



Method

Wash the fruit in cold water and pat dry. Cut the tops off the strawberries and discard. If the strawberries are big, cut them in half or into large chunks. Slice the kiwi and banana and cut the mango in to chunks.

Thread fruit onto skewers. I used bamboo skewers or you could use lollipop sticks. You could arrange the fruit in the same way for each skewer or mix them up - it's great to let your child decide. Serve immediately and enjoy!

You can find more recipes and food facts here https://www.nhs.uk/healthier-families/

Father's Day (19.06.2022)

Try out our activity for someone special

Dad Rosette

You will need:

- Coloured card x2 for rosette
- Coloured card x1
- Glue
- Scissors
- Felt tip pen



Method

- Start by cutting the pieces of card you are using for your rosette in half,
- You should now have 4 pieces.
- Take each piece and concertina them, then fold each piece in half.
- Once you have folded in half, glue 2 of the ends together to form a half circle.
- Do this with all 4 pieces.
- Now attach all 4 pieces together in the same way by gluing the edges together, let dry.
- Whilst this is drying, from the other card, cut 2 strips and make a 'v' in the end, this will be the
- You can use the same colour card (different colour if you wish) to cut a circle to fit in the centre of your rosette. You can write any message on this you like for someone special.
- Now, turn your rosette over and glue on the strips you made for the ribbon.
- Turn it gently back over and glue the circle with your message on in the centre.
- Allow this to dry fully.
- Now you can give this to someone special.



Local Groups

North

"Hi, my name is Jo, I'm the school ready engagement officer for the North locality, which covers the areas of Birchills, Leamore, Blakenall, Bloxwich East & Bloxwich West. If you have any questions for your area you can contact me on Joanne.Simpson@walsall.gov.uk or call on 07778 459296"

LEGO CLUB. Last Saturday of the month. 10.30-11.30am. 7-11 year olds Please book.01922 655900. Bloxwich library

Sandbank Nursery, Elmore Row, WS32HR. 01922 710132. Have parent and toddler sessions. Tuesday & Thursday mornings 9.30-10.30 & Tuesday and Thursday afternoon 1-2 pm. £1.50 per child, this includes snack & a drink. Term-time

Frank.F Harrison Community Association, Stephenson Square WS2 7DY. 01922 746967. Have a parent & toddler group, Wednesdays 9.30-11.30. £1 per child Term-time.

Dudley Fields Youth Centre, Sneyd Hall Road WS3 2NN. 01922 746967. Have stay & play groups on Tuesdays & Thursdays 9.30-11.30 £1 per child. Term-time.

East

"Hi, my name is Karina I'm the school ready engagement officer for the East locality, which covers the wards of, Pelsall, Shelfield, Rushall, Brownhills, Walsall Wood, Streetly & Pheasey. If you have any questions for your area you can contact me on Karina.Maddox@walsall.gov.uk or call on 07798 697183"

Pelsall Village Centre, ws3 4lx:

- Diddi dance: Tuesday 1.45-2.30pm From 18 months, Thursday 9.30-10.45am From 18 months. This is a dancing and music class. For more information, please go to https://booking.diddidance.com/class £5 each
- Jo Jingles: Friday 10am Mixed ages, Friday 11am for 3 months to walking. This is a music class. For more information, please go to https://www.jojingles.com/suttoncoldfield £5 each
- Creation station: Monday 9.30 10.30am—Little explores 15 months- 5 years, Wednesday 11.45-12.30pm baby discover 6 months- 18 months, Wednesday 10am tiny treasures birth to 6 months, Wednesday 1.15-2.15pm little explores 15 months 5 years. Please contact Mandy on 07581791049 for more information.

5 senses group- Navy Cadets ws9 9al:

Play and stay: Monday 10-11 all ages, 11.15-12.15 all ages, 12.45-1.45, all ages. Sensory sessions: 0-12 months – Thursday 10-11, 0-12mths, 11.15-12.15,

Aldridge Church Centre - ws9 8nh:

Social tots: Wednesday 9.30-10.10-8mths-2yrs 6mths, Wednesday 10.30-11.10, Wednesday 12.30-1.10pm Wednesday 11.30- 12.10 discovery tots 2mths-9mths. For more information call 07701 299817.

St Thomas Church- ws9 8sl

Toddlers group/footprints: Wednesday 12.30-2pm. Preschool and nursery children. £2 each. Contact hsnnshevans@stthomasaldridge.org.uk

LEGO CLUB. Second Saturday of every month. 11am-12pm. 7-11 years. Brownhills Library.

West

"Hi, my names Jodie, I'm the school ready engagement officer for the West locality which covers the wards of , Willenhall North & South, Bentley & Darlaston North, Darlaston South. If you have any questions for your area you can contact me on Jodie.Blakemore@walsall.gov.uk or call on 07825 832560"

Little Puzzlers – playgroup, Tues 9am – 10am, Parents need to register at <u>littlepuzzlers@invention-i.walsall.sch.uk</u>. 01922 710871

Rhyme Time, Willenhall Library, Friday 10am – 11am, 01922650771, willenhalllibrary@walsall.gov.uk

Story Tots, Willenhall Library, Thursday 10am – 11am, Ages 18 months – 4 years, 01922 650771, willenhalllibrary@walsall.gov.uk

Story time and craft. Free session at Willenhall Library every Wednesday 10-11am. Age 1-3 years. Call 01922 650771 to book on.

LEGO CLUB. First Saturday of every month. 10:30-11:30am at Willenhall library. Age 7-11 years.

Central and South

"Hi, my name is Atika I'm the school ready engagement officer for the South & Central locality, which covers the wards of, Palfrey, Pleck Caldmore, Chuckery and Paddock & St Matthews. If you have any questions for your area you can contact me on Atika.Smedley@walsall.gov.uk or call on 07785 998545"

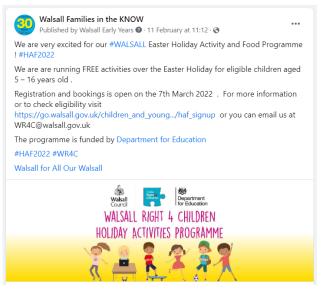
Walk and talk in palfrey park every Monday at Dale street Entrance. at 10:30 -11:15.

Iqra Children's Weekend Club. Every Saturday and Sunday 11am – 3pm children age 5-12. Bring a packed lunch and spare change. Homework club, art craft fun games dance tuck shop sports. Aaina Community Hub. Bath Road Caldmore WS1 3BS. 01922 644006. info@iq-ss.co.uk

Girls Youth Group. Age 11-14. Every Wednesday 4-6pm. Seed Hut Palfrey Park. £1 per session, Sports, art and craft and more. 01922 644006

Tiny Tot's baby and preschool play group at Lichfield street hub library Fridays 10-11:30am £1.50 per child, 50p per additional child. Booking essential.

Social media highlights









CALLING ALL POKÉMON TRAINERS!

Come join us at the Lichfield Street Hub this February half term for Pokémon week.

Take part in our trainer event on Thursday 24 February at 2.30pm.

Events running all week between the 21 and 26