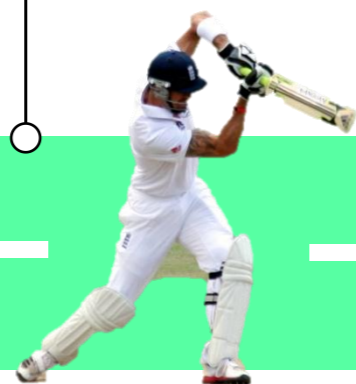


# The Elmwood School Physical Education Journey

## Year 7 – Creating A Love For Physical Education

Congratulations on completing your Year 7 PE journey

Cricket



Tennis



### Show Your Commitment

How many can you complete?

- Bring PE kit to all lessons
- Coach others to improve their own performance
- Engage in all PE lessons
- Take part in extra curricular sport

Rounders



Handball



Summer Term



Hockey

Gymnastics



Athletics



Personal Excellence

Respect & Friendship

Inspiration

Determination

Equality

Spring Term



Dance

Football



### Interhouse and fixtures

• Sports Day

• Tennis

• Sports Relief

• Tchoukball

• Football SEMH League



Autumn Term



Health and Fitness

Basketball



Your Physical Education Journey starts here ...